

## HEALTH FIRST INDIANA



Lake County Health Department  
2900 West 93rd Ave., Crown Point, IN 46307 | Phone: 219-755-3655

### HEALTH FIRST INDIANA GRANT APPLICATION

Under Indiana law, the Lake County Health Department (“LCHD”) is empowered to grant money from their allocated Health First Indiana (“HFI”) funds to external organizations which agree to complete Core Public Health Services (“CPHS”) and work toward completion of the required Key Performance Indicators (“KPIs”).

Health First Indiana Website: <https://www.in.gov/healthfirstindiana/>

Public health services are most effective when provided by local health departments (LHDs) that are positioned to meet the needs of their communities. These core services outline the initiatives and activities at the heart of public health that are the critical framework of any local health department. Some are required by law, and some are offered by many health departments. Every Hoosier deserves access to these foundational public health services no matter where they live.

LHDs, with support from partners and community stakeholders, determine needs of the community, and implement accessibility strategies, including addressing social determinants of health, in all aspects of planning, operations, and core services. The Indiana Department of Health surveyed each local health department to determine how these core services are provided across Indiana. Click below to see a snapshot of each core service.

Please fill out the attached proposal in its entirety and include any necessary and appropriate documents.

- The KPI’s listed throughout this proposal application are not comprehensive. They are current guidelines and metrics that have been enumerated by the Indiana Department of Health (IDOH), however, they are in flux.
- If your program fills the purpose as enumerated in the “Purpose” chart of Section 2 below, but the deliverables from Section 5 do not match up directly with your program metrics, list them separately under the “Deliverables” section of this application.

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**1. ORGANIZATION**

1.1 Name of Organization: Food Bank of Northwest Indiana

1.2 Contact Name and Title: Victor Garcia, CEO

1.3 Address: 6490 Broadway, Merrillville, IN

1.4 Phone: 219-980-1777

1.5 Fax: \_\_\_\_\_

1.6 Email: vgarcia@foodbanknwi.org

**2. PROGRAM**

2.1 Name of Program Proposal: Lake County Targeted Nutrition Support

2.2 Target Population: Food insecure Lake County residents with a focus on preventing infant mortality, improving mental health, and increasing access to nutrition.

2.3 Objective: Address infant/maternal health, mental health, and obesity/obesity related diseases

2.4 Program Goal (in 1 or 2 sentences): By working with partner non-profits, we will deliver medically tailored groceries to pregnant women and food insecure patients with mental health needs. With our locker project we aim to increase access to nutrition supports.

2.5 Program Scope: Impacting Infant/Maternal Health – Home visitors from Healthy Families, Nurse Family Partnership, or WIC managers will enroll at-risk pregnant women in our program which provides medically tailored groceries. Mental Health Support via Food – IN partnership with Regional health Centers, we will provide medically tailored groceries to patients experiencing anxiety or depression. OrderAhead Lockers – Provides 24/7 food support access at the Health Departments via a state of the art refrigerated food locker.

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3. **FINANCIALS**

3.1 Total Program Amount Requested: \$ 199,760

3.2 Breakdown of Total Program Amount Requested.

Item Description	Price	Quantity	Total
Medically Tailored Grocery Box Delivered (2,400 qty)	\$34.00	each	\$81,600
OrderAhead Locker, Install, Software		1	\$70,000
OrderAhead Locker Food	variable		\$30,000
Indirect Cost Rate	\$18,160		\$18,160
Total Amount			\$199,760

3.3 Proposed Schedule of Payments.

Sample Chart

Payment #	Due Date	Description	Amount
1	09/01/2024	First payment	\$110,800
2	04/01/2025	Second payment	\$88,960

**4. PERFORMANCE AND DELIVERABLES**

Program and Scope for Selected Core Service - check one or more:

X	Item	Name	Scope
	A.	Tobacco and Vaping Prevention and Cessation	Preventing and eliminating risk of disease due to tobacco use and vaping.
x	B.	Trauma and Injury Prevention	Preventing harm due to injury and substance use and facilitating access to trauma care.
	C.	Chronic Disease Prevention	Preventing and reducing chronic diseases such as obesity, diabetes, cardiovascular disease, and cancer.
x	D.	Maternal and Child Health	Services focused on the health and well-being of mothers, children, and families, including prenatal care.
	E.	Fatality Review	Analysis of data and potential causes of child deaths, fetal and infant mortality, and suicide/overdose fatality.
	F.	Lead Case Management and Risk Assessment	Ensuring all children have access to blood lead level testing and appropriate clinical and environmental services if necessary.
	G.	School Health Liaison	Assisting schools with resources to promote whole student health.
x	H.	Access and Linkage to Clinical Care	Facilitating access to essential healthcare services for all members of the community.
	I.	Infectious Disease Prevention and Control	Monitoring and managing the spread of diseases within a community.
	J.	TB Prevention and Case Management	Preventing the spread of tuberculosis and ensuring appropriate access to care and resources for those who have TB.
	K.	Immunizations	Providing vaccinations to children and adults to prevent the spread of infectious diseases.
	L.	Health-Related Areas during Emergencies or Disasters	Planning and coordination for responding to public health emergencies and disasters.
	M.	Vital Records	Providing accurate documentation of births, deaths, stillbirths, fetal deaths, adoptions, and biological parentage.
	N.	Food Protection	Ensuring safety of food at the grower, wholesale, and retail levels.
	O.	Environmental Health	Ensuring the safety of the physical environment to protect public health.

#### 4.1 Project Work Plan –

##### IMPACTING INFANT AND MATERNAL HEALTH – PANTRY PACK, INFANT/MATERNAL

- Partnership with evidence based home visiting programs and WIC serving at-risk pregnant women
  - Healthy Families Lake County, Nurse Family Partnership, WIC
- Provide home visitor with monthly box of shelf stable product medically tailored for a healthy pregnancy to deliver to families on caseload.
- 100 families per month
- Eligible family
  - 250% of poverty level or below
  - Prenatal through 6 months post-natal
- Box includes information on charitable food and SNAP Outreach services via the Food Bank
- *Expansion of existing program*

##### MENTAL HEALTH SUPPORT VIA FOOD – PANTRY PACK, MENTAL HEALTH

- Partnership with Regional Health Centers in Hammond, Highland, Hobart, and Merrillville
- Provides clinics with monthly box of shelf stable product medically tailored for anxiety and depression symptoms
- 100 individuals per month
- Eligible individual
  - 250% of poverty level or below
- Box includes information on charitable food and access to SNAP Outreach services via the Food Bank

##### ORDERAHEAD LOCKER

- Healthy foods distributed to food insecure individuals via refrigerated smart locker at the Health Department

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- Neighbors enroll online and have access 24/7
- Eligible individual
  - 250% of poverty level or below
- *Expansion of existing program (current lockers located in East Chicago, Gary, Merrillville, Valparaiso, and South Haven)*

4.2 Reporting Format – The Food Bank will report on KPI metrics via spreadsheet provided by email

4.3 Reporting Frequency: Quarterly

4.4 Note: Reports go to Michelle Arnold at [arnolml@lakecountyin.org](mailto:arnolml@lakecountyin.org).



## B. Trauma and Injury Prevention

In Indiana, preventable injuries account for the leading cause of death in individuals aged 1-44 years (CDC WISQARS), notably poisonings and motor vehicle crashes. Identifying a leading cause of injury allows effective planning and prevention of those injuries and potential deaths.

KPI: Number of counties that identified a leading cause of injury and/or harm in their community and implemented a comprehensive, evidence-based program or activity for prevention.

### KPI

Number of counties that identified a leading cause of injury and/or harm in their community and implemented a comprehensive, evidence-based program or activity for prevention.

LCHD is committed to identifying the leading cause of injury or harm in our community, and, subsequently implementing a comprehensive, evidence-based program(s) for the leading cause of trauma-related injury or death in Lake County, Indiana.

### DELIVERABLES AND REPORTING: SAMPLE

Item	Name	Scope
B.	Trauma and Injury Prevention	Preventing harm due to injury and substance use and facilitating access to trauma care.
Deliverable	Metric: Training	Value
Medically tailored groceries for food insecure patients experiencing anxiety or depression	100 food insecure patients served by Regional Health Centers	1,200

### TRAUMA AND INJURY PREVENTION METRICS

#### Metric:

- 100 food insecure adults diagnosed with depression or anxiety will be provided with a medically tailored box of groceries.



**D. Maternal and Child Health**

Indiana ranks 41st in infant mortality, which is the death of an infant before the first birthday: in 2021, Indiana’s infant mortality rate was 6.7 deaths per 1,000 live births, compared to the national rate of 5.4 deaths. Understanding causes of infant mortality helps drive education and action to prevent these deaths.

**KPI**

Number of counties with documented processes to refer families to needed services including contraceptive care, WIC, home visiting, prenatal care, substance use disorder treatment, and insurance navigation.

**KPI**

Number of counties at identified an opportunity to improve birth outcomes and implemented an evidence-based or promising program or activity to improve that birth outcome.

LCHD is seeking to implement an evidence-based or promising program or activity to improve birth outcomes in our communities.

LCHD is seeking to have a documented process to refer families to needed services including contraceptive care, WIC, home visiting, prenatal care, substance use disorder treatment, and insurance navigation.

**DELIVERABLES AND REPORTING:**

Item	Name	Scope	
D.	Maternal and Child Health	Medically tailored groceries for at-risk pregnant women engaged with Healthy Families, Nurse Family Partnership, or WIC	
Deliverable	Metric: Prenatal Services (up to time of delivery)	Value	
Medically tailored grocery box delivered to enrolled families.	100 families served per month	1200	

**MATERNAL AND CHILD HEALTH METRICS**

**Metric: Food and Nutrition**

- 100 women referred to SNAP
- 100 food insecure families provided grocery box per month





**H. Access to and Linkage to Clinical Care**

Some communities, such as those in rural areas, often face higher rates of chronic disease and limited access to health care. Access to public health services in all counties will enhance the health and well-being of all Hoosiers, reduce disease, and improve health outcomes.

**KPI**

Number of local health departments providing accessible, equitable clinical services, such as those related to communicable diseases, to meet the needs of the community.

**KPI**

Number of local health departments engaging with the local and state health delivery system to address gaps and barriers to health services and connect the population to needed health and social services that support the whole person, including preventive and mental health services.

LCHD is seeking to engage with local and state health partners to address gaps and barriers to health services in our community and connect the population to needed health and social services that support the whole person, including preventive and mental health services.

LCHD is seeking to provide accessible, equitable clinical services, such as those related to communicable disease, to meet the needs of the community.

**DELIVERABLES AND REPORTING:**

Item	Name	Scope
H.	Access to and Linkage to Clinical Care	Provides 24/7 access to nutrition supports at the health department
Deliverable	Metric: Screening and Referrals	Value
OrderAhead locker that can serve up to 16 families at one time	Up to 1,000 families served per year	

**ACCESS AND LINKAGE TO CLINICAL CARE METRICS**

- Installation and launch of OrderAhead Food Locker
- Minimum 16 bays filled as needed for one year
- Up to 1,000 food insecure families provided access to nutritional support at the Health Department